

FOR OFFICE USE ONLY			
Date in:			
Date out:			
Number:			

PATIENT INFORMATION						
CLINIC INFO:	First Name:	Last Name:				
	Weight lbs:	Gender: Shoe Size:	Type of shoes	5.		
BIOMECHANICAL EXAMINATIO	N FINDINGS					
Arch Height: Non-Weight Bearing ☐ High ☐ Medium ☐ Low Arch Height: Weight Bearing ☐ High ☐ Medium ☐ Low		Rear Foot Valgus Fore Foot Valgus	☐ Valgus ☐ Limitus ☐ Pes Planus ☐ Pes Cavus	Rigidus Right		
1. TYPES OF ORTHOTICS						
O SPORT MEDIX O CASUAL M O MARATHON O DRESS O SUPER FLEX O HIGH HEEL O SAFETY MEDIX PREMIUM: O XT SPORT MEI	O DIABETIC:	Thin) ROBERT WH	in-toeing out-toeing ————————————————————————————————————	15mm Other ssing Moderate Max		
2		(4				
2. TYPES OF BACK COVERS Vinyl: OBlack ONavy Suede: OBlack OGreen ORed	DBlack ○Tan ○ Brown ○Navy	4. CUSHION AND POShell Thickness	OSTING Rearfoot Left Varus Right Varus	S — Valgus —		
3. TYPES OF TOP COVERS			Forefoot			
Black Black Black Black Black Black Black Red Black Red Black Red Black Black Black Red	Company Comp	Length Full Length 3/4 (to 3/4) Sulcus Cushion Mid Layer None 2 mm 3 mm Extra	Left Varus Right Varus Ext to Sulcu Heel Lift	S — Valgus —		
5. MODIFICATIONS: SOFT & HARD						
Right Right	Lon	3, 4, 5) L (1, 2, 3, 4 3, 4, 5) R (1, 2, 3, 4 Met Bar Pad [, 5) R Right	(1, 2, 3, 4, 5) L (1, 2, 3, 4, 5) R U Cut Out		
☐ Left ☐ Right ☐ Right Skid Plate Arch Fill (Plantar)		Reverse Right Morton Extension	Left Right Morton's Extension	Left Right Kinetic Wedge		
Left Left Left Right Right Lateral Clip Ha		Right L	☐ Medialmm R ☐ Medialmm L Kirby Sk	Lateral mm		
	Right	Left Right Cut Out 5th Be	☐ Left ☐ Right utton Out	Left Right Fascia Grove		
7. ADDITIONAL REQUESTS						

Information

SPORT: Usage: Ideal for individuals who engage in various sports activities, ensuring comfort and support during high-impact movements.

Benefits: Provides enhanced cushioning, which helps to absorb shocks and reduce the risk of injuries.

MARATHON: Usage: Perfect for marathon runners and those involved in intense physical activities, offering excellent arch support and cushioning.

Benefits: Helps prevent fatigue and injuries during long-distance running or heavy-duty work.

SUPER FLEX: Usage: Suitable for individuals who stand or walk for extended periods, such as retail workers or healthcare professionals.

Benefits: The flexible design ensures comfort and reduces strain on the feet.

SAFETY MEDIX: Usage: Designed for workers wearing safety boots or work boots, providing superior cushioning and support.

Benefits: Reduces foot fatigue and enhances comfort during long hours of work in challenging environments.

CASUAL: Usage: Ideal for everyday office wear, offering regular cushioning to enhance comfort. Benefits: Reduces foot strain and provides comfort throughout the workday.

DRESS: Usage: Suitable for formal occasions and professional settings, providing appropriate cushioning and arch support for dress shoes.

Benefits: Ensures comfort while maintaining a professional appearance.

HIGH HILLS: Usage: Designed for high-heeled shoes, offering thin cushioning and good arch support.

Benefits: Helps to alleviate discomfort associated with wearing high heels for extended periods.

UCBL: Usage: Kids' podiatry orthotics designed to control and support the ankle and medial arch. Benefits: Provides stability and prevents ankle and foot deformities in children.

ROBERT WHITMAN: Usage: Advanced kids' podiatry orthotics offering comprehensive support for the ankle, medial arch, and lateral side.

Benefits: Ensures proper foot development and prevents various foot-related issues in children.

INDUCE IN TOE: Usage: Orthotics designed to correct out-toe gait walking. Benefits: Improves gait and prevents related foot problems.

INDUCE OUT TOE: Usage: Orthotics designed to correct in-toe walking. Benefits: Enhances walking pattern and reduces the risk of developing foot deformities.

ACCOMMODATIVE: Usage: Highly cushioned orthotics without a semi-rigid core, ideal for individuals with plantar fasciitis or diabetic foot.

Benefits: Provides maximum comfort and alleviates foot pain.

DIABETIC ORTHOTICS: Usage: Specially designed for individuals with diabetes, offering extra cushioning to prevent foot complications.

Benefits: Helps to reduce pressure points and prevent ulcers and other foot issues common in diabetic patients.

XT GROUP ORTHOTICS: Usage: Utilizes XT as the core material, providing a thin, light, yet rigid and durable orthotic. Benefits: Ensures long-lasting support and comfort.

Name	Function	Clinical Indication	
Heel Spur Pad	Absorbs shock and provides extra cushioning to the surrounding inflamed area	Radiographically confirmed centrally located heel spurs Plantar fasciitis	
Heel Cushion	Absorbs shock and provides extra cushioning.	Non-central heel spurs Fat pad atrophy Plantar fasciitis	
Heel Center Pocket	Circle cut out on center of heel to reduce bulky orthotics and takes pressure off from heel tissue.	Plantar Fasciitis Heel Spur	
Metatarsal Pad	Elevates metatarsals to distribute pressure from metatarsal head to metatarsal shaft.	Reduced transverse arch Forefoot callusing Metatarsalgia Neuroma	
Metatarsal Bar	Elevates metatarsals 2-4 to distribute pressure from metatarsal head to metatarsal shaft.	Metatarsalgia Intermetatarsal bursitis Forefoot callusing Reduced transverse arch Neuroma Claw toe	
Metatarsal Raise	Elevates metatarsal heads 1-5 and distributes pressure to metatarsal shafts.	Metatarsalgia Forefoot callusing	
Morton's Extension	Supports 1 st MTP joint and improves propulsion to allow for better dorsiflexion.	Turf toe Arthritis in 1 st MTP Hallux rigidus Trauma Short 1 st metatarsal	
Toe Crest	Helps offload distal aspect of the toes.	Hammer toes Mallet toes Claw toes Metatarsalgia	
Reverse Morton's Extension	Increases ROM of 1 st MTP and provides cushioning to 2-5 metatarsals heads.	Sesamoiditis Severe forefoot valgus deformity Plantarflexed 1 st toe	
Arch Pad or Scaphoid Pad	Provides cushioning along the medial longitudinal arch which helps increase forces on medial longitudinal reaction.	Severe over-pronation Rigid cavus Pain in the medial longitudinal arch	
Kinetic Wedge	Helps offload sesamoids and provides cushioning to 2-5 metatarsal heads.	Sesamoiditis Lesion under the first metatarsal head	
Lateral Clip	Provides stability and support to prevent lateral drift.	Excessive over supinated foot	
High Medial Flange	Adds rigidity and strength to frame and provides medial stabilization to 1 st ray and calcaneus.	Excessive pronated foot Everted feet Pes planus Navicular pain Genu valgum Collapsed talonavicular joint	
1 st met cut out	Helps plantarflex 1 st metatarsal to achieve a better forefoot pronation and gait.	Sesamoiditis Functional hallux limitus Bunion	T
1st Ray cut out	Helps plantarflex the first ray.	Sesamoiditis Hallux limitus Bunion	
Neuroma Pad	Elevates and separates metatarsals to reduce intermetatarsal pressure	Interdigital neuroma Metatarsalgia Morton's neuroma Intermetatarsal bursitis	
Heel Lift	Elevates heel to help balance leg length discrepancy.	Equinus Functional leg length discrepancy Achilles tendonitis	